

Camp Nakamun Outdoor Camps packing list:

Large backpack or duffel to contain all your gear

Small backpack or day bag for hikes and trips away from main Camp Nakamun

Clothes: (all clothing is recommended to make you the most comfortable while on trip)

- Hat for sun and toque for cold
- Warm weather shirts/tops for hiking/climbing/paddling and fleece or wool tops for cold nights around the fire
- Waterproof/water-resistant jacket for rainy days (pants are helpful too. Poncho or garbage bag can work too)
- Light shorts for the heat and warm pants for the cool evenings
- Wool or synthetic Long underwear, both top and bottom (you may laugh but this will make you much more comfortable at night or if it rains most of the week)
- Swim suit
- Wool or synthetic socks
- Hiking shoes/boots (running shoes work too but bring more than one pair)
- Sandals/camp shoes
- Sleeping bag and sleeping pad (if you don't have a pad we can lend you one)
- Pillow, towel and any toiletries you will need for the week
- Sunscreen and bug spray (we will also have extra along for the trip)
- Bible if you have one and pen and notebook
- Small flashlight or headlamp (headlamps work best and even a cheap one is great)
- Water bottle

Optional Items:

- Bowl or eating dish, mug and cutlery
- Small knife and/or multi-tool
- Whistle
- Camera
- A canoe paddle and/or personal floatation device
- Other outdoor equipment that is relevant to the weeks activities

Please do not bring:

iPods/iPads, cellphones, portable gaming devices, or rolling hard-formed luggage (backpacks and duffel bags are recommend but not required)

Part of the backcountry wilderness experience is living simply and parting with the comforts of home in order to fully experience nature. Please keep this in mind as you prepare for this time.

Should you have questions regarding any of the items listed here feel free to contact the camp and we will gladly talk to you about the packing list or details of the weeks activities.