CAMP North Shore & Outrip Packing List

Bags

- Large Backpack or Duffel
 - > to contain your gear
- Small Backpack > for hikes

Equipment

- * Sleeping Bag & Pad
- Flashlight/Headlamp

Toiletries

- Toothbrush
- Toothpaste
- Towels
- Soap
- Shampoo
- Conditioner

Footwear

- Hiking Shoes/Boots or Runners
 - More than 1 pair
- Sandals

Optional Items

- Bowl/Eating Dish
- Small Knife/Multi Tool
- -Whistle
- -Camera
- -Canoe Paddle
- Personal Flotation Device

Warm Clothing

- Toque
- Sweaters > Fleece or Wool
- Waterproof Jacket & Pants
- Long Underwear
- Wool Socks
- Warm Pants

Cool Clothing

- Hat > for sun
- Light Shorts
- T-Shirts/Tank Tops
- Swim Suit

Personal Items

- Water Bottle
- Pen
- Notebook
- Bible
- Sunscreen
- Bug Spray
- *If you don't have a sleeping pad we can lend you one